

## **Participate in at least two additional spiritual activities**

*Spending time in prayer and reflection does not end when we leave the church on Sunday. It is so important for the candidates to become aware of the many opportunities that are available for them to meditate, celebrate and further their relationship with God.*

*The following is a partial list of spiritual activities:*

- Attend Adoration
- Reflect on Scripture – and write about it for three minutes
- Pray the Rosary
- Help with St. Pius “After School Rosary”
- Participate in a Bible study
- Lead the Rosary at an assisted living facility
- Lead the Rosary with your family
- Attend Saturday morning Mass

*Although the minimum requirement is to participate in two spiritual activities, we sincerely hope the candidate and his or her family will have an active and ongoing spiritual life!*

# St. Pius X Confirmation Spiritual Activity Log

**Name:** \_\_\_\_\_  
*Due Dec 4, 2011*

*Your preparation for the Sacrament of Confirmation is a time to grow in maturity of faith, to deepen your relationship with the Holy Spirit, and to assume a more responsible role within the community of faith. Think about your journey to Confirmation. Watch for, & listen for, the presence of God along the way. The best way to do this is to listen through prayer & other spiritual activities.*

<b><i>Date of Activity</i></b>	<b><i>Describe the Spiritual Activity</i></b>	<b><i>What you gained from the experience</i></b>